



SPRING LAKE COMMUNITY
Fitness & Aquatic Center

REGISTRATION FORM

13 and up Teen

STROKES

Swimmers should already be able to: swim freestyle, breaststroke and backstroke 25 yards, scissors kick, whip kick, treading water, and dive.

Swimmers will work on: alternate breathing, stride jump, refinement of: freestyle, backstroke, elementary backstroke, sidestroke, breaststroke, dolphin kick and butterfly, open turn on front and back, feet-first surface dive, and treading water.

STUDENT'S NAME: _____ **D.O.B.** ___/___/___ **Today's Date** ___/___/___

ADDRESS: _____ **CITY** _____ **ZIP** _____

PARENTS' NAMES: _____ **PHONE #:** _____

FEES: Payment required at time of registration

Session \$40 member \$55 non-member

(Sessions are once a week for 6 weeks)

Lessons are 30 minutes in length.

Must have a minimum of 4 registrations to run class.

Max of 5 students per class.

Circle session(s) and time your child will be attending:

Session 1 –**TUESDAYS** January 9th – February 13th Class Times: 5:00-5:30pm

THURSDAYS January 11th – February 15th Class Time: 5:00-5:30pm

Session 2 –**TUESDAYS** February 20th – March 27th Class Time: 5:00-5:30pm

THURSDAYS February 22^d – March 29th Class Time: 5:00-5:30pm

Staff use only: Method of payment: Cash Check Credit Card
Signed Waiver Added to Schedule Trans. ID# _____ Package ID # _____